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# GWRRA Rider Education



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## Bob Lorenz, Senior International Director

### Wing Ding Educators



The past couple of years we've hosted a national Rider Education meeting for all National Staff members and the Region Educators. We found this full day session very enlightening and enjoyable as we get to meet and greet so many members that we seldom get to meet with. The meetings have proven fruitful and informational and we all came away learning something regarding the program or the various issues or concerns facing the Rider Education Program.

Unfortunately we will not be able to host a full day session in Grapevine. The additional day added to Wing Ding and the necessary travel arrangements for everyone presented some difficulty in making this happen.

However, there will be two 3 hour meetings scheduled during the week. On **Monday, July 5<sup>th</sup>**, we will have a meeting of the Region Educators and the National Staff. Although this is not a "closed" meeting, we do ask that this be limited to the primary participants and spouses.

On **Wednesday, July 7<sup>th</sup>** we will have an open Educators meeting. All Educators, Region, District and Chapter are invited to attend and are highly encouraged to do so. This will provide an opportunity for you to present questions, issues or concerns, sharing these with many of your peers. It will provide an opportunity to learn (for all of us) and to gain a better understanding and familiarization of the program. This meeting will be YOUR meeting and will not be structured by the National Staff although I will be facilitating the meeting.

We look forward to seeing and meeting many of you and hope that this will provide a "live" channel for us to share information, experience and knowledge.



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## STORM RIDING

Rain, wind, storms, more rain, wind and storms is the story as I write this newsletter. The news reported over 500 tornados in the passed few weeks. This weather pattern is true all around the country. Many folks are getting inundated with storms. The loss of lives and personal items are devastating.

June is the month of things growing and flowers are at their early stage of development, at least in Ohio that's the way in previous years. I was having a flash back. We are breaking cold records, so much for global warming here.

I can give a lot of first hand experience of wet riding and riding in a severe storm. I was caught in one of the worst storms so far this year. It had winds of 90 miles per hour which turned out to be side winds for me and my Goldwing. First I used my early education as a youngster and did my praying to God. Then I used my motorcycle training and things came together. I turned the Goldwing into the wind when I stopped. I only had to make two stops until I got to safety. Total distance maybe ¾ of a mile. Some motorist allowed me to move ahead of them. I did make the gas station unscaved. Linda, who was on a run for our local Chapter did not do as well. The windshield in our car was broken from flying objects.

When you get into these severe weather conditions are we doing the right thing? After thoughts usually bring better ideas; where, I could have pulled into someone's drive, laid the Wing down and seek refuge on the side of a house opposite the wind. That will be on my mind if I ever have to face "Mother Nature" again in the same type of situation.

We did check the weather before we left the house. The storm was in the western part of the state and we are in the eastern part. The weatherman expected the storm to hit our area about 6:00pm and I was heading for home at 4:00pm. The storm moved faster than the weatherman predicted and here I was caught. If you know a storm may be headed your way think twice about riding. Don't fight the storm, seek refuge right away.



## MEDIC FIRST AID®

By

Larry Stiles

ASST. International DIRECTOR  
MEDIC FIRST AID® PROGRAM

Hello GWRRA family, hope all are having fun finally riding their beautiful Wings. It has been a fun year and a lot of action going on with MEDIC FIRST AID®. Class rosters from all the regions have been coming in so the membership is getting the CPR/First Aid classes they need and want. Good job.

I will be training at Wing Ding six new Trainers that will help cover the Regions of F, A, N, & I. Also we will be training 5 new Instructors.

Since Wing Ding is quickly approaching I am looking for MFA® Instructors to help out in our classes for the new students and re-certifications. I need Instructors on Monday July 5<sup>th</sup> for Re-certification in the afternoon class. Tuesday July 6<sup>th</sup> for a full day I need six Instructors; two Instructors for new student class, two for morning re-certification class and two for afternoon re-certification class. Wednesday July 7<sup>th</sup> will be covered by the new trainers and Instructors.

Full day classes will be 8:00 am to 4 pm. Re-certification classes will be 8:00 am to 12:00 pm and 1:00pm to 5:00 pm each day. If needed, we will have a Thursday

July 8<sup>th</sup> class for Re-certification that morning only. If the Region Educators or MFA® coordinators have any Instructors that would be interested, please let me know ASAP so I may get them on the schedule. I thank you in advance.

I will be training all new Trainers and any Region that is interested in Child/Infant Care CPR. A lot of members have requested this program. Trainers going to Wing Ding that would like the Child/Infant Care certification, please let me know. I will be doing that training on Monday July 5<sup>th</sup> in the morning after I am finished with the initial period of training the new Trainers. Contact me and I can give you a time to report if interested.

By Wing Ding we will have Regions A, F, N, I, and D Trainers certified in the Child/Infant Care program. So, if any other Region desires to start this program let your Trainers know there will be a class at Wing Ding. They can be trained and ready to train their Instructors when they return home. Also I will not need to travel to you to get this done.

I have been busy and I am now certified in every program MEDIC FIRST AID® has that would be of interest to our GWRRA program. This training includes MFA®; Basic 5.0, AED, Child/Infant Care, Care Plus CPR, Emergency Care, Advance Emergency Care, Pediatrics, BBP, and Oxygen. These programs are here and can be given to any Region that is interested. It is not mandatory for any Region. We strongly request to have MEDIC FIRST AID® BASIC 5.0, and AED available for all your classes. If any Region is interested in any of these programs please feel free to call me or email me (listed on first page).

We have come a long way from three years ago, you have done an outstanding job making sure our membership gets the life saving program we have to offer. This includes the fine Instructors we have in American Red Cross and



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American Heart Association. We have a good strong program and we have Instructors that want to help our membership.

With the renewals fees that came upon us and the changes with the way MEDIC FIRST AID® processes their operation, we have lost a few Instructors that never taught a class. I am in the process of updating all the files and should have this done for all the Region Educators soon. All renewals will be mailed to me from MEDIC FIRST AID® and I will mail them to all Region Educators for distribution to the appropriate MFA® Instructors.

Have a good summer, ride safe, and ride smart.



**VOLUNTEER  
RIDE SAFE  
HAVE FUN**

Wing Ding will soon be here and Volunteers are, as always the key to making the party a success. If you can relinquish an hour or two, please let your Rider Education Staff know.

Headed for "GrapeVine"? As much as we have been riding in rain and cold temperatures, I am looking forward for some heat. I have been told all the stories of Texas heat. I agree after I did boot camp in San Antonio, yes it gets warm. It was warm for Wing Ding in Tulsa and for Wing Ding in Albuquerque and I happen to enjoy them both. I like it warm, the

reason many of us go south for the winter is to keep warm.

Members having the same weather pattern we have had, not being use to the sun will be a big factor to our trip. Proper skin protection, and caution to heat exhaustion and hyperthermia is a must.

We must protect ourselves form the UV rays and remember that some protection is longer lasting than others. Read the caution labels. You may have been using the same product for years. Stop and read again, remember companies improve products and also reduce contents as an alternative to price rising. Apply sun protection 30 minutes before going out into the sun and reapply according to the product label or about every two hours.

Cover your eyes with good sun protectors. Proper UV sunglasses, ball caps and visors help. Long sleeves, lightweight cotton & light colors are good when walking around. The new summer jackets and pants that are air flow designed are great for riding.

How is hyperthermia detected? A person with symptoms including headache, nausea, and fatigue after exposure to heat probably has some measure of a heat-related illness. It is important to recognize the difference between the very serious condition known as heat stroke and other heat-related illnesses. Persons experiencing any of these symptoms should consult a doctor

Heat exhaustion may be treated in several ways:

- Get the victim out of the sun and into a cool place - preferably one that is air-conditioned.
- Offer fluids but avoid alcohol and caffeine. Water and fruit and vegetable juices are best.
- Encourage the individual to shower or bathe, or sponge off with cool water.
- Urge the person to lie down and rest, preferably in a cool place.

Insect repellent is also on the list of please read the ingredients prior to using. Many insect repellents have in them a product called "DEET". It can cause many side effects which can affect the eyes and allergies. Although a lot of insect repellents use "DEET" they are of different strengths. Some will last 5 hours some 2 hours. You can not double the dosage for the 2 hour and hope it will last for 4 hours. Actually double dose can do your skin more harm than the usefulness as a repellent.

## **Northeast Region B Newsletter June 2004 GWRRA**

### **911 Calls from A Cell Phone**



When calling 911 from a cell phone, it does NOT give your location to the 911 operator.

Your call goes to the Local Highway patrol. Make sure you tell them; WHAT CITY, ADDRESS, and your CELL PHONE NUMBER you are calling from, as they will not have it on their screen as they do when you call on a Land Line phone.

Tell the type of problem you have in a calm voice.

- I need police....
- I need Fire.....
- I need Ambulance....
- Etc...

Stay on the phone until the operator hangs up or tells you that you can hang up. If you do not get out this info when they first answer, precious moments are wasted. Minutes can be critical for saving a life.

Also, even if calling from a land line or hard line phone, remember that sometimes the computers are not updated properly and it might



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show an OLD ADDRESS for your phone. Confirm all your info to the operator when you call 911, never ASSUME they have it. I have responded to 911 calls and was sent to the person's old home, as the phone company never updated the address in the system when they moved, but kept the same phone number.

Be Safe,

Burton Brink,

GWRRR Life Member #42098

Deputy Sheriff for the

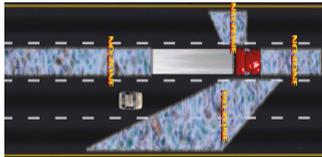
Los Angeles County Sheriff's Dept.

folks have created a mental blind spot. You have to very careful not to create a mental blind spot while riding. You can travel many feet quickly and you are not looking at the roadway and for potential hazards. Some other items that create mental blind spots are; using a cell phone, searching for a radio station, (Gold Wings radios have scan and that's a plus), GPS units, and this is only to name a few.

There was song from the 50's with lyrics that sort of describes my thoughts. "Keep you hands on the wheel and you eyes on the road".

## **"I RIDE 2"**

Linda is also a member of Women on Wheels and the local chapter is having a Motorist/Motorcycle Awareness day. Working with this we have received information of a new group who is on the same page as the GWRRR Motorist Awareness Division, "I Ride 2". This group has a mission statement of not just seeing motorcycles but to train motorist to look for them. They will be present at the awareness day and I hope to meet with them and share some ideas. If you would like to read more about the "I Ride 2", the web site is [Iride2.org](http://Iride2.org).



## **"NO ZONE"**

When you hear of the no zone and blind stops you are reminded of mirror checks and head checks to be assured of the area around you is clear.

There is also a blind spot we can create on our own in our thinking and vision. If you concentrate on an object longer than a few seconds you have created a mental blind spot.

We have just had a wonderful car and motorcycle show at home. At night these vehicles cruise the streets. When you take time to examine the one you had in your younger days, you have created a mental blind spot. You are no longer doing a scan, your perception and observation is also distracted. This can happen while walking or riding. Have you ever noticed folks who walk for many feet looking at a "site to behold" often trip or run into something? This happens at rallies also. These

know. He resigned at 70 years young, two men ran against him, the community penciled him back in office. His way of penalties was like a going to buy groceries. You knew what you were getting. They were fined or a jail term was given and you would get the same for the same crime. Most of his trials pertained to "moonshine running" in North Carolina.

On the news today the Governor of Ohio signed a bill for the penalty for killing a construction worker or a law officer in a work zone. I thought these laws where in place. From AMA information about a motorcyclist who was hit from behind and died in Maryland; the charge was reduced to failure to control.

AMA site and sub sites

<http://www.ama-cycle.org/>

Rights - National - State - Local  
Riding - Road - Off Road -New Rider - AMA Tours - Racing  
AMA Pro Racing - AMA Sports  
Want to Race - AMA Travel  
Featured Stories - News Achieve  
Classified Ads - Gift Shop - Clubs

## **RIDING MEMOS:**

1. Never use your cruise control on wet roads.
2. Slow quicker than normal when approaching a slow moving vehicle sign or a vehicle you suspect is moving slow.
3. Do not use more than normal pain relief.
4. Keep your eyes up.
5. Expect the unusual to happen. Do not expect the highways to be as they are in your local area.

Enjoy the ride and come see us at Wing Ding.



American Motorcyclist Association

As a member of the American Motorcyclist Association, I read and receive a lot of items pertaining to motorcyclist. The new campaign is aimed at equal justice for all states and equal sentencing. I have had the unfortunate pleasure of taking my grandson to court, more than once. The way the courts hand down the penalties is not at all equal. In my opinion, and I state my opinion, the better the lawyer the lesser the fine. My Grandfather was a judge for more years than I