

Gold Wing Road Riders Association



Rider Education Program

National Newsletter...



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New Procedures for the RCICP (Rider Course Instructor Certification Program)...

In our ongoing effort to continuously improve the quality of Rider Course Programs and enhance the benefits to GWRRA members, we've added some flexibility to the Rider Course Instructor Certification Program. Some of procedures are unchanged. More detail is available in two documents on the GW Rider Ed Web site.

- The Role of the Region/District Educator in the RCICP Application Process
- Procedure for the Conduct of a GWRRA Rider Course Instructor Certification Program

The CIDM, formerly conducted by Leadership Training Instructors, will now be the responsibility of Rider Ed Master Instructor Trainers. MITs may elect to conduct the CIDM themselves, or select a qualified presentation skills trainer from another source (budget permitting).

The schedule for the class we have been using remains in place – CIDM three weeks ahead of a four day RCIT – but we have added two more options. Now the CIDM and RCIT may be taught as a unit over five consecutive days or the CIDM and RCIT may be separated and the RCIT taught over two consecutive weekends. The decision of which format to use is between the sponsor and the MIT.

Sponsors and MITs should work out budget considerations well in advance of a planned RCICP to ensure there is funding available for the training. Sources include Instructor Candidate fees, student fees for the live class, Region and/or District supplemental funding.

Members interested in participating in an RCICP either as an Instructor Candidate, a Sponsor or a MIT should visit the documents referenced above for additional details.

Bob Berry
Director-Rider Course Programs

Hydrogen Peroxide For Colds and Flu...

Hydrogen peroxide seems to work quite well and is supposed to be effective 80% of the time, especially if done when the symptoms first appear. While it seems contrary to what we have been taught about colds and flu we know quite a few people who have tried it with great success.

In 1928 Richard Simmons, MD hypothesized that colds and flu virus enter through the ear canal. His findings were dismissed by the medical community. According to Dr. Simmons, contrary to what you may think or have been taught about how you catch the flu or the cold there is only one way that you can catch the two, and that's via the ear canal, not through the eyes or nose or mouth as most have believed.

Keeping your fingers out of your ears will greatly reduce your chances of catching them, but then again these two are microscopic and can be air-borne and may land on or even in your ear. Once they have entered the inner-ear (middle-ear) there they begin their breeding process, and from there they have access to every avenue throughout our body to travel to and to infect and make us sick.

In 1938 German researchers had great success using hydrogen peroxide in dealing with colds and the flu. Their data has been ignored for over 60 years. It is important to begin treatment as soon as symptoms appear. If treatment is started promptly, effectiveness seems to be in the 80% range.

We have found remarkable results in curing the flu & cold within 12 to 14 hours when administering a few drops of 3% Hydrogen Peroxide (H₂O₂) into each infected ear, (sometimes only one ear is infected) The H₂O₂ starts working within 2 to 3 minutes in killing the flu or cold; there will be some bubbling and in some cases mild stinging occurs. Wait until the bubbling & stinging subside (usually 5 to 10 min) then drain onto tissue and repeat other ear. A bottle of Hydrogen Peroxide in 3% solution is available at any drug store for a couple of dollars.

Although this method is perfectly safe for infant/children to use, the loud bubbling and stinging frightens them, they'll need someone they trust to put the HP in their ears. (DO NOT get H₂O₂ in the eyes. If you do, flush with water. An Audiologist has confirmed that if the infection is inside of the ear canal then this may not work, but if the infection is indeed inside of the ear this will work in most cases.

Research done by
Dr. Rutkowski
Family & Sports Chiropractic
Swansea, MA

Seminar Presenters and Topics sought for Wing Ding in Tulsa...

We had some interesting topics in addition to the core Rider Education seminars this year at Wing Ding in Greenville, SC. The staff presented seminars designed to help others understand the process of how to become Rider Ed instructors, presenters, and facilitators using the "How to Become a Riding Course Instructor", "So you want to become a Rider Ed Seminar Presenter", and "Parking Lot Practice Facilitator Training" seminars. These are now published to the Rider Ed Webpage to assist Educators in explaining how to become certified to help others via established Rider Education programs.

We were happy to include new seminars such as "Night Riding" presented by Robin Koontz from the Ohio District. Bruce McMahill from Washington District brought us "Tailgating - Aggressive Drivers or Road Rage?" and "Helmet Myths". Other seminars included "Setting up a Parking Lot Practice" and the well attended "Riding with New and/or Inexperienced Riders".

Of course, we also offered the core Rider Ed seminars:

- Co-Rider
- Team Riding
- Trailering
- Motorcycle Crash Scene Response
- Road Captain (classroom portion only)
- Motorcycling for the Mature Rider

Would you like to present a core seminar at Wing Ding in Tulsa, OK? Do you have an idea for a new topic? Put on your thinking caps and come up with a thought provoking title! One example sure to generate interest is the forthcoming "Crash Before You Ride" seminar. All non-core seminars will need to be reviewed by the Rider Ed staff before presentation to the Membership. Seminars are generally designed for 45-50 minutes. We expect that all presenters will have access to digital projection equipment. If you have a computer and/or power point projector you can bring to the event, or other special arrangements needed for your presentation, let us know that as well.

If you have some spare time to share and make a difference for the Membership between 10:00 AM and 4:00 PM on July 2-5, 2009, (9:00 AM – 12:00 PM on Sunday, July 5) contact Tony Van Schaick at avansch1@twcny.rr.com or (315) 342-7438.

Currently certified Seminar Presenters will be signed up on a first-come-first-served basis. Seminar Presenter renewals must be processed prior to Wing Ding if your 2-year certification runs out before then. Properly completed and approved initial Seminar Presenter applications will also be accepted from interested volunteers who want to present a Rider Ed topic at Wing Ding. Contact your District Educator if you would like to become a Seminar Presenter for GWRRA Rider Education. In the past, Seminar Presenters who had volunteered before the publishing deadline have had their names published in GWRRA's Wing World magazine. We are getting an early start this year so that we can meet that deadline. See you in Tulsa for Wing Ding XXXI.

Tony & Michelle Van Schaick
GWRRA Assistant Director Rider Education

**FROM THE RIDER EDUCATION STAFF
WE WANT TO WISH ALL OF YOU A HAPPY HOLIDAY SEASON.**

